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## Blessings

Dearest Baba,

If you will accept, I give you my Love and my Heart.

Thank you for your Blessings and Guidance.

I humbly ask for your continued Guidance and Blessings that I may walk the High Path and do the Highest Good.

Om Namaha Shivaya!

Om Babaji!

Jed

### ***Babaji Responds:***

*"For Jed*

*"I accept. I am always with you."*

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## Cyber Ashram

Babaji,

What are the similarities and differences between a physical ashram and a cyber ashram?

What are the advantages and disadvantages?

Why did you create a cyber ashram?

Who can benefit from the different types of ashrams?

Thank you.

Om Namaha Shivaya

N.

### ***Babaji Responds:***

*"re: cyber ashram*

*"The similarities and differences, the advantages and disadvantages, and who can benefit, are all questions that can only be answered by each individual. Some will gravitate to one form. Some to another. Some will utilize both."*

*"Change is the Law of the Universe. This new technology is part of an evolutionary change. It will eventually link all humans. It will open up new vistas, new possibilities.*

*I like your questions. You have a keen and insightful mind."*

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#### Position/Unconditional Love

Babaji,

You know me all too well. What I am enjoying about this form of contact is that there is no distraction of a physical body - I can concentrate on the TEACHINGS, rather than "judging" where I fit in with the others, or worrying about "position."

ALL are EQUAL in Your eyes and worthy of unconditional love. ALL can receive from you and there is no "better devotee" because they saw You in a body. The "hierarchy" sometimes turns into a new form of caste system of those who saw Babaji being "better" or "more lucky" than those who did not. In other words, another way to boost the ego and put others down, or have power over others.

This gets all too ugly in the community and stops many from being more deeply involved. Your details of how to live the teachings are filling in the blanks for me of what I did not understand before. I am grateful.

Even with this form, we could get egotistical and think we are "better" because we found this, but all you say here points us to the HEART - that is the ultimate place to find Babaji and available to ALL, all the time.

By concentrating on the Higher Path, we CANNOT play these games on each other and still remain on the Higher Path, living Truth, Simplicity, Love, and we need to stop judging others in the process.

I await your thoughts on these thoughts.

Thank you.

N.

#### ***Babaji Responds:***

*"To N*

*"And you know me all too well Beacon of Light."*

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#### Equality

Dear Nanna Lou

I like very much what you are saying about Equality. I hear Babaji saying he wants us to be independent thinkers, and in all our diversity the fact that "no one" is special gives some type of unity. A way we can ALL serve the best we can, where we are at.

I feel that if anyone would look at Babaji's words they will See Truth, it is when we want to get close to his body that we push and shove. Trying to prove we are his best!

Babaji says he is "no one" and "no thing." This is hard to get use to and accept. I am finding that it is helping to accept that I am no one too. But this does not mean we are unworthy of Love.

I hope these words are ok with you Babaji if they need corrected or if they need to be corrected please do so.

Your "no one" devotee

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The No-Thing (Response From "N" to "T")

Dear Ted,

In my metaphysical studies, there is a concept of the NO-THING. If anyone can shed more light on that concept within this forum, I think it will help us all.

Thanks!

N

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No-Thing

Well, the answer is Simplicity itself. In any esoteric studies, referral to the NO-THING means SPIRIT. The overarching ONE beyond all name and form.

ONS

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No-Thing Continued

The NO-THING is so called because esoteric doctrine says "thoughts are THINGS" and SPIRIT is beyond thought.

The Bible says, "Be still and Know that I AM God."

Another teaching is that "Thoughts are UNIVERSAL rather than individually rooted," meaning that any thought or idea you or anyone else has comes from the Universe and is available to all.

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Re: No Thing

Well, this is still going. One more idea relating to the NO-THING is the Sufi state of "fana" or extinction of the lesser self in SPIRIT.

Jalalu'din Rumi explains fana thus:

Oh, let me NOT exist!  
for non-existence proclaims  
in organ tones:  
I shall return to ONENESS in Thee!

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Re: No-Thing (GS Responds)

Think about nothing, but then: do not think anymore, just listen. and it will happen.

GS

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Thank you!

Hello!

I have never participated with any Babaji group, but I have deep love in my heart for Him, and He has helped me over and over in so many situations. When the group I study and meditate with does its world healing and blessing work, we hold all groups seeking to lift all life on the planet and in the universe, in a network of Light, Love, and Goodwill that enfolds all the planet, to bring forth the very highest possibilities, choices, awarenesses and insights, visions and purposes in all groups and kingdoms and places and situations.

I am so blessed to read all of your questions and responses from Babaji and other participants in the web site. What a beautiful and supportive group to one another! There are many varied spiritual groups in the world, and as we grow in spiritual maturity, we realize, that each group brings a special gift of blessing to the world. It is similar to the team approach in various professions. Each profession contributes its special skill and energy to the outcome, whether it be in business or education or healing or whatever.

Recently, a woman I work with brought flowers from her garden to place on the tables of the assisted living facility where I work. The flowers were brilliant sunflowers, baby's breath, violet cosmos, deep purple and sky blue delphiniums, and orange lilies, each flower lovely in its own right. But as she arranged these varied flowers together in a bouquet for each table, I realized that the beauty of each flower was enhanced by its contrast with the others, and together, the variety of flowers was simply beautiful together. And this reminded me of how we work together as a variety of spiritual groups in the world. Even as we maintain our own methods of spiritual practices for each group, we are joined together by our intention of loving service to one another and the planet, in a powerful network to bless the world!

I express my deepest love and appreciation to all of you, and to Marge and to Babaji! You bless my life and the world, and I thank you for that!

Kathy in South Dakota

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Hindus?

Dear Babaji,

In the last form in Haidakhan, you were in a Hindu culture and taught through many Hindu concepts, it seems.

Do you wish your devotees to be Hindus? Is this where the concentration needs to be for those who would live to call themselves devotees of Babaji?

Respectfully,

Marilyn

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Hinduism (Responding to Post Entitled "Hindus?")

Sorry, saw your post and could not help but respond with an answer that is likely close to what Babaji would give us!

For a devotee, being Hindu is not a requirement! How else would Babaji attract a worldwide following?

What is important is to:

Recognize the truths in the teachings of all religions, no matter what religion, or lack of religion we came into this world with.

Remember and practice in all things, truth, simplicity, love and service for that is all that Babaji asks of us!

Namaste, OM Nama Shivaya

Renee

Toronto, ON Canada

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### What about Sheep and Foxes?

Dear Babaji,

Please tell us again about the sheep and foxes. I think this is important.

Om Namaha Shivaya

Love,  
M

#### ***Babaji Responds:***

*"To M*

*"Please share it from your understanding."*

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Re: Sheep and Foxes (From M)

Sheep are those who follow blindly without listening to or following their hearts. Foxes are those who cunningly manipulate or control others to their personal advantage, even sometimes in the name of a "great cause."

Both are of the Lower Path.

Associate with neither the sheep nor the foxes in order to stay on the Higher Path.

That is what I remember. I will also look in the messages to make certain I have represented it accurately.

Om Namaha Shivaya  
M

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### Senility

Beloved Babaji,

Can people going through their "senility process" be healed by consciously practicing Truth Simplicity Love and Service and doing the Maha Mantra? Or is that sort of process far too complex by such a simple thing?

Love and appreciation,  
Jane

**Babaji Responds:**

"For Jane

*"There can be healing but understand that eventually the body will perish. Even this body. Change is the Law of the Universe."*

---

Violence

Dear Babaji,

What can we do about the problem of violence and terrorism that happens in our country? How should we react to that? It is not easy not to get angry with the people that put bombs and hurts anyone who is there.

**Babaji Responds:**

"re: Violence

*"Violence is born of the Lower Self, which separates and compares, and can never be satiated. I have given you the means to end violence. Living in Truth, Simplicity, Love and Service is the way to end it. Many will hear this message. Few will live it. Until there is the ending of the Lower Self. Until humans live in Truth, Simplicity, Love and Service. Until this happens, violence shall pervade, shall form the backdrop of human existence. Only despair will result."*

*"The very reaction to violence is the result of the Lower Self once again separating and comparing. This is the Maya of the Lower Self. This is the Maya of the Low Path."*

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Violence, Our Effect on Violence as Devotees!

Babaji,

I have heard it said that by our daily spiritual practice, we can change the energy of the space around us and bring about a change in our environment.

For instance, where we meet and do prayers or pooja, satsang, meditation, or kriya as a group we dramatically change the vibration of a place and those higher vibrations affect others within our range of "broadcast." I do not know how far we broadcast outwards, but I do know that some people's energy fields radiate farther than others based on level of prana. Each one of us in our daily practice also changes the vibration of a place over time. Never forget that without doing anything your vibration has an effect on those around you!

There are people who visit war-torn countries in groups to meditate for the very purpose of trying to bring the place a better vibration and thus closer to peace.



I know a Native American gentleman who has called forth the rain in the Los Angeles riots and put a temporary stop to the bloodshed between our brothers and sisters.

Never think that you do not have some measure of control over these situations, even when they are close to you! Always pray for situations that are disturbing to be brought love and light and for those involved to soften their hearts. The violence may not end until we are all doing this, but we shall never know how many lives or injuries we have prevented, if the lives we save may be others like ourselves working on the side of light and love.

It is important to recognize that hate is based out of fear and it is the complete opposite of love. Try to have compassion for these people who have not any knowledge of love and have only been taught to hate and destroy that which they do not know or understand. Be grateful that you have had the grace of God to be given more knowledge. Try to apply a bit of your knowledge in each day. And spread these thoughts to others that they may help. This is service/seva!

Namaste and peace to your situation!  
OM Nama Shivaya,

Renee  
Toronto, ON Canada

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### Service

Dear Babaji,

Is there anything more you would like to share with us about "Service?"

In love and appreciation,  
Allen

### ***Babaji Responds:***

*"Re: Service*

*"Please share your thoughts about Service."*

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### Seva/Service (Seva - Selfless Service)

Babaji and fellow devotees,

What I have learned of Seva/Service is that:

We must do things that help others out when we see an opportunity to be of service out of a sense of Love, not out of needing to be recognized or thanked for your assistance. The action must come straight from "the heart of unconditional Love" with no expectations. We must keep our ego out of seva! In this way only does our service afford us spiritual merit.

When we do seva that is particularly difficult, we earn more spiritual merit than when a job we do is easy.

Seva takes us deeper into the self and helps to advance us spiritually. When we are doing our regular spiritual practice and doing seva regularly it advances us even more! But seva should not be done for the thought of anything we may benefit, this is simply to be looked upon as a side effect of what we do out of being in touch with our true nature.

Seva brings us a great sense of joy when done with a smile on our faces. Even a job we do not like to do, when we do it offering it to the divine, it becomes a task that is enjoyable.

I'm sure there is much more that I do not yet know, or have not remembered here!

OM Nama Shivaya  
Renee  
Toronto, ON Canada  
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Re: SERVICE

Dear Babaji,

You asked me to express my thoughts on what "service" is. I think it is learning to serve oneself. In serving oneself, we need to engage in what we love doing. When we do this, we are serving others, because we are playing our role in the grand scheme of what needs to be done. So, really, it could be anything: lawyer, stockbroker, teacher, musician, artist, secretary, mechanic, salesman, etc. To be honest, I got this concept from Archangel Michael, but, to me, it makes a lot of sense. But more importantly, does it make any sense to you? Is this your idea of "service?"

In love and appreciation,  
Allen

Service  
Two different perceptions of Service. Both wonderful.  
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Service/Seva - Different Perspective From Renee

Here's the perspective of Sri Sri Ravi Shankar on Service:

"Service is the expression of love. Serve in whatever possible manner you can.

Ask yourself "How Can I be useful to people around me and to the whole world?" Then your heart starts blossoming. Otherwise, we are always thinking, "What about me, what about me?" It's nothing!

Ask, "How can I be useful, how can I give to the world?"

Namaste, OM Nama Shivaya,

Renee  
Toronto, ON Canada

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Re: Service/Seva

Dear Lisa Renee

I like your energy and words.

I am thinking about the words.

Doing what we Love.

I suppose it could all so be.

Put Love into what you Do.

I am Praying to Divine Mother for Babaji's health and a strong body so he can continue to teach us all the ways of Service.

T

Love to Babaji-The Lion of God!

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Seva/Babaji

Babaji is teaching us an important lesson even now!

He is teaching us to serve others and in particular to feel that we are a part of Him, and he a part of us all! To pray for Babaji's health and to send Him energy is to do so for ourselves! To render service onto another human being is to render that service onto ourselves, therein lies the joy.

Thanks for your kind words Tara, but these are quotations of a Master, not my words, I merely shared them and spread their simple beauty to our group! The man responsible for those words is Pundit Sri Sri Ravi Shankar.

These wonderful words were given to me in a Seva Pooja for a fundraising event. In Toronto, we are planning a concert of Hari Prasad Chaurasia (flautist) on August 11, 7:30 p. m. (year not specified) , to raise money to rebuild schools destroyed in the earthquake at Gujarat.

Putting love into what we do, ah that is the challenge! To do what we love is easy, but to put love into all we do, especially the more difficult tasks, therein lies the test of our love and faith!

Lets keep praying and sending energy from our hearts to Babaji! Now is the time to be of service to Him!

Namaste,  
OM Nama Shivaya  
Lisa Renee  
Toronto, ON Canada

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### Heart Meditations

Dearest Babaji,

My meditations with you have always been very real. When I see you and talk to you in that dimension I feel that you are really there. I hear your words and they impact my day, my life. I want to know if the words I hear spoken there are the words you are speaking to my heart? To my innermost self.

In deepest devotion,

KD

### ***Babaji Responds:***

"For KD

"Yes."

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### Asking Forgiveness

Dearest Babaji,

I ask you to please forgive me for asking you the same questions again and again. My Tibetan teachers say that is why we are caught up in samsara, because we forget. That is ignorance. You have been infinitely patient with me. Those questions have always stemmed from unworthiness issues. I was made to believe them from a child and carried those feelings into adult life, even to the point of believing that I was not even worthy of so much love from God. I will harder on this. Thank you for your love.

Yours always, KD

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## Kriya Yoga

Dear Babaji,

First of all, I think I was tested a bit getting here. Registration took four days. I don't know if anyone else had that experience. Anyway, I did learn some things about myself in the process.

The question I have been led to ask about is kriya yoga. From my own knowledge, there are quite a few techniques being given out as "kriya yoga."

Regarding this: Is there anything you want to share about these different kriyas? Are they helpful? Are some not? What's the deal here?

### ***Babaji Responds:***

*"To Allen*

*"Registration is not required. Kriya Yoga is not required. The only requirement is to live in Truth, Simplicity, Love and Service. Four Days, Four Principles. Do this and you will not be disappointed. No waiting, no registration needed. But if you want Kriya Yoga, choose the technique that you are comfortable with, what is in your Heart. That's the deal. I am always with you."*

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## OM HAIDAKHANDI

Dear Guruji,

Thank you for this advices. I'll do my best.

Please some questions more please:

- What is about this red (lal) power in me?
- How can I handle this incredible energy?
- How can I be nice and selfless in my Karm Yoga?
- Which is the Lal Baba Karma Yoga?

JAI HANUMAN  
OM NAMAHA SHIVAYA

Thank you for your LOVE

Greetings from Berlin, Germany ... Lal Baba ... PHURO !!!

### ***Babaji Responds:***

*"For lal baba*

*"Channel this power into Truth. Channel this power into Simplicity. Channel this power into Love. Channel this power into Service. Do this and you will not be disappointed."*

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BABAJI SAYS NO MORE FORUM - August 4, 2001

I received this email this morning.

*"Blessings:*

*"... My mission to find Beacons of Light is complete. Babaji will continue through the Heart. No more e-mails. No more Forum.*

*"Tell the Devotees this:*

*"I am no one. I am no thing. I am only here to serve.*

*"My message is Truth, Simplicity, Love and Service. In any time of need, chant the Mahamantra and invoke the name of Babaji. I am always with you.*

*"Babaji"*

Hopefully, the Forum will remain 'up' so we can learn from the teachings given there.

Om Namaha Shivaya

Yours in Service,

Marge

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From Jed

Blessings

Dearest Baba,

If you will accept, I give you my Love and my Heart.

Thank you for your Blessings and Guidance.

I humbly ask for your continued Guidance and Blessings that I may walk the High Path and do the Highest Good.

Om Namah Shivaya!

Om Babaji! - Jed

***Babaji Responds:***

*"For Jed*

*"I accept. I am always with you."*