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Re: For Mike

Dearest Baba,

My heart fills with your love and love for all. I am so much in the real when I am thinking of you and when I do japa. I could not conceive of the idea of the bliss. Your teachings are for all and is the only way. My heart feels for those who become misguided. In my heart my lord I keep hearing RAMSITA. This must be the name. Any way I can be of further service I am here. I have learned so much. The Trust was what i had to learn and follow the teachings. I am truly blessed to have had the chance to hear from you in this way. I know you always speak in my heart Lord. Pujari is truly a blessing.

Love and Light  
Om Namaha Shivaya  
Mike

---

Sentient beings of the sea

Om Namaha Shivaya  
Dear Babaji, Vasu Deva,

Heartfelt Pranams to Shri MahaPrabhuji,

You once told me that my purpose was to serve the sentient beings of the sea. I have thought that it would be good to bridge the communication gap with beings such as whales and dolphins. Is this a reasonable goal? If so would You please help steer me in that direction?

Thank You for Your compassion and love for us all.

In Devotion, Premananda

(Premananda Continues)

PS

Om Namaha Shivaya

Dear Babaji, Vasu Deva,

I would like to add more to what I previously wrote. As You know, I will graduate from community college in December with an Associate of Science degree in Marine Science Technology. One option I have is to take an extra 15 units in spring and then transfer to a University as a junior with only 2 years left to earn a Bachelor of Science degree. While I am not interested in titles, the knowledge of the marine biology field that I would gain could be very useful in serving the sentient beings of the sea. It could also lead me into the research areas of this field.

Would You please give me Your guidance on this?

Deepest Pranams, Premananda

**Babaji Responds:**

*"For compassrose360*

*"You see. You are doing what you Love. Now you are excited and passionate about your goals. You are on the right track. You will not be disappointed. You will be a Beacon of Light for the sentient beings of the sea."*

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Ritual

Om Namaha Shivaya  
Dear Babaji, Vasu Deva,

First, heartfelt pranams to Shri MahaPrabhuji

For me, ritual is a way to express my devotion and manifest a bridge between Divine Energy and everyday common reality. The time I spend doing Puja and Aarati helps me to align my day towards the higher path and connect with my heart(higher self). The discipline of ritual is also of benefit as is the way energy is moved.

I realize that some may attach to the form of ritual or practice it like some sort of "obsessive/compulsive disorder" or obligation and this can be a pitfall. When done with an open heart in love and true devotion it can open a door to awareness of the greater reality of Divine Love and Energy. I have found that while focused on the form of ritual on one level I can actually be freed from "form" on another level. I know that ritual is not a substitute for living in Truth, Simplicity, Love and Service, but I find it helps me to bring these into my life. My question at this time is this; I am very drawn to the purification of the fire ceremony, at some point would this be good for me to learn? for the highest good of all?

With Devotion, Premananda

**Babaji Responds:**

*"Re: ritual*

*"The reasons you give for ritual are of the highest. You are drawn to fire ceremony for good reason. It would be good to learn it. But please, finish your other studies first."*

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### How can I reach concentration?

Dear Babaji,

I am happy you answer e-mails again! Thanks!

You know how much I am nervous and anxious in this period, I have too many thoughts in my mind and I can't concentrate enough on my exams, I have two exams this week, one tomorrow and the other one on Friday. Fear of failing paralyze me. What can I do to find real concentration?

Thank you!

#### ***Babaji Responds:***

*"Re: How can I reach concentration?"*

*"When you are anxious or nervous chant the Mahamantra and invoke my name. Instantly I shall calm your Heart. After you have done this focus your mind on the material. Study diligently and you will do well on your exams."*

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### Samaj Meeting

Dear Babaji,

If you were the presiding officer at the Samaj Meeting in Colorado on August 5, what agenda would you follow?

Om

M

#### ***Babaji Responds:***

*"For M*

*"An agenda of Love."*

---

### Knowing You

Dear Babaji,

Is it possible (for me) to really know you?

Thanks, Marc Groeneveld

**Babaji Responds:**

"For Marc

*"Yes, but it is best to really know the Teachings not the Teacher."*

---

My Letter

Hello Mahaprabhui, Babaji!

Full pranams, Bhole Baba Ki Jai!

I was wondering a bit about reiki. It is karma yoga, right? Not necessary in the ashrams, but otherwise?

What is the difference in doing jap while sending or doing something else, like the dishes?

Is jap-reiki more effective?

BTW, what do You think about sending reiki to someone like Bush to follow Your Teachings better? Do I violate his integrity?

Secondly, I'd be really thankful for some opinions regarding my ribcage. Should I fix (operate) it? Will it harm me when I get older otherwise?

Sometimes I also wonder about my mental health, and am worried that I have hurt myself too much, too often. Please Babaji tell me it is not so! The healer who sees colors also told me I carry a sorrow in my heart. What to do to increase the happiness back again?

Regarding my friends I'd like to know what gets two different people like M & K to change into almost identical beings. Why? What do I have to do with that??

I would also be thankful for Your advice regarding my dad and the family. I feel we're not as close as we should?

Otherwise I'm doing fine. My gratitude for the new apartment, it has space, yes. And some work (. . . surprise surprise) I'm starting with the wallpaper today!

I'm planning on staying in this apartment for a longer time now so I'd be thankful for Your blessings to this one, too?

I have started looking for jobs now and feel again I want to make my own money. I feel confident regarding this project. This way I can also progressively focus on the healing career You have suggested to me to do.

My hobby circles mostly around music and dj-ing. I ask for your blessing regarding this, too. I know I can make it to the floors of the new age, with Your help at least!!

Please take away the doubts that stand between us so I can more easily, or even obediently, follow You.

Most importantly, I ask You to bless me for my life and everything with it to flow easily into, and with, "The Real Thing" or "The High."

Guide and encourage me as I walk the path. I want to make You proud and thus also serve You well. Please, Babaji, Wonderful One, bless this too.

I humbly ask for one more blessing for all my "near and dear" ones.

Thank You so much for hearing me.

Thank You so much for all the Divine help, leelas and gifts you have given me so far.

You go beyond words. As do my warm and loving feelings for you.

Full pranams,  
Om Namaha Shivaya,  
Pontus

PS: Regarding my spiritual name: The signs (from You) were heavily pointing towards Nataraji for my name from both Mahesh and Jumaní (during my first puja, remember?), not to mention the incident with my home altar.

Am I right, Master, this is the name? Ds.

PPS: I've landed at keeping up a more healthy and controlled relationship towards H. , at least for a while forward. It gets a bit lonely otherwise. Please comment if you see the need? Dds.

***Babaji Responds:***

*"To Pontus*

*"Yes, Nataraj. It is good to send your healing energy to all sentient beings at once. It is best to ask for permission before sending to one sentient being.*

*"Approach any surgical procedure carefully. Proceed only if the benefits to you greatly outweigh the potential effects later down the road.*

*"Do not focus on those past events which placed sorrow in your Heart. Focus on the present. Live as much as you can in the present. Do this and you will not be disappointed.*

*"You are on the right track. You are coming out of the difficult period and entering into a period of opportunity. Do not be surprised by the synchronous events that occur in your life."*

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### Dreams

Dear Babaji,

I feel very connected with you. What are you trying to tell me in my dreams?

Lola

### **Babaji Responds:**

*"For Lola*

*"Live in Truth, Simplicity, and Love. Be of Service. Be an independent thinker. Walk on the High Path. Listen to your Heart. Be a Beacon of Light for those moving through the darkness. Chant the Mahamantra in any time of need and invoke my name. Take as much as you need from me. I am always with you."*

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### How to shine

Dear Babaji,

I feel you so close to my heart and want nothing more than to be a beacon of light so I might be of service to others. I just don't know how to shine that light. It feels locked inside me somewhere. How do I uncover it ? What am I being called to do and how do I acquire the skills to fulfill that calling?

Thank you for all of the blessings you bring to my life.

Om Shanti,  
Emoline

### **Babaji Responds:**

*"For Emoline*

*"If you strive to live in Truth, Simplicity, and Love. If you listen carefully, in silence, to your Heart. If you walk on the High Path ... the Light will come forth from you, unlocked, as a powerful Beacon that will cut a path through the Darkness. I am always with you."*

---

## JAI MAHAMAYA KI JAI

Dearest Sri 1008 Haidakhan Wale Baba,

Lal is your devotee since 12 years now. I lived many times in Haidakhan Vishwa Mahadham, in Chillianaula, in German Ashram, in the Dutch Ashram, in Shastriji's house . . . after having had the Kalbhairav-darshan, everything got destroyed in my life. i don't know anything more, now, and everything is very difficult.

I am looking for my personal way in acting up for truth, love, simplicity . . . and earthly life needs money to pay the bill.

Please give me advice, what is my Dharma, my duty, my role on this earth. Please give me orders, how to manage these things and how to manage my red power.

Greetings from Lal Baba

### ***Babaji Responds:***

*"For Lal Baba*

*"This is a period for you to focus on your finances. Seek to be employed in work that you Love. Learn the skills necessary to perform this work. Study the basics of finances. Learn how to budget. Learn how to save. Learn how to invest. Do this and you will not be disappointed. You are a spiritual being having a human experience. Part of that experience is learning how to live in the world."*

---

## Library in Ranikhet

Respected BABA JI  
Charan Vandana

Last time when Marge informed us about email from you we wrote and got blessings from you. Now we are staying in New Zealand and enjoying your love. We attend long kriya and satsang on every Sunday here and are really happy to have Sri Sri Ravi Shankar Ji to guide us through daily blessings via email. I always think that BOTH of you are same.

I am having a small medical problem for the last four months. I always feel grateful for all your help regarding my health situation. It could have been worse without your help and you must be clearing my body of impurities. Please help me to concentrate during meditation.

I would like to start a small free library for the community in Ranikhet. I have already requested my co-brother-in-law to look for land in the area of Ranikhet. I need your blessings for this project.

Your child  
Sunil - Om Namaha Shivaya



-----  
BABA Ji

Charan Vandana

I do not have words to express my sincere thanks for everything you did for us.

Please bless me so that I am able to concentrate during meditation and Puja.

What should I do to serve all?

Please guide me.

Om Namaha Shivaya

Anju

-----  
Dear BABA JI

Please give me blessings.

Om Namaha Shivaya

Purvi

***Babaji Responds:***

*"For Sunil, Anju, and Purvi*

*"Blessings. Yes, a library would be a wonderful project. I am always with you. Invoke my name for any need. Take as much as you need from me."*

---

Library in Ranikhet

From Anju:

BABA JI

Charan Vandana

Happy Birthday!!!

As per Marge, today (it is already 25th July in New Zealand) your birthday is celebrated by SRF. Today it is Naag Panchami in India. Jai Baba Ji Ki.

At present I am a housewife, please guide me so that I am able to devote more time for action and service to others. Should I restart education, if yes, in which area?

I will certainly be helping for library project in Ranikhet.

May peace prevail in the world.

Om Namaha Shivaya

Anju

---

Respected BABA JI

Respected BABA JI

Charan Vandana

Thank you for your blessings!

Pulkit

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Library in Ranikhet

Respected BABA JI:

Charan Vandana

Yesterday, my wife, Anju got the answer in her heart that to help in library project she should start a course in Library management. She is happy with the answer. We have registered a website named [www.booksforindia.org](http://www.booksforindia.org) [5-4-15 website no longer active]

I have sent few emails for help in start-up for this project and have already received one positive reply. In addition to library in Ranikhet we will arrange donation of books from New Zealand, USA, UK etc and ship to India.

The project is started with your blessings. Please give us strength and insight to make it success.

Om Namaha Shivaya

Sunil

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Meeting of North and South

Lately Marian and I have noticed that a polarity between several people and ourselves is generating new insights and allowing new things to begin. As the north and south poles move together, real energies start flowing. Is this something that is just starting or are we just noticing something that is always there?

OM NAMAH SHIVA  
Steve L

***Babaji Responds:***

*"To Steve*

*"Always there."*

---

Judgement

Dear Babaji, I bow down.

How does one Remove the impulse to judge?

I send you Love, may the Grace of your Presence Transform it into the Right Work and Service.

Om Namaha Shivaya  
T

***Babaji Responds:***

*"For Tara*

*"Judgement is of the Lower Self, from an ego that must always compare, and compete, never being satisfied. The removal of judgement is best done by the destruction of the Lower Self. Live in Truth. Live in Simplicity. Live in Love. Be of Service. Walk on the High Path. Attach to the unconditional Observer, the real you. This is the way to remove judgement."*

---

Yoga

Dear Babaji,

I want You to know about this.

It's too bad most people only think of Yoga as a physical exercise, not as a complete science for optimizing health and a spiritual lifestyle.

I have now been able to get rid of my last health problem through yoga! I never dreamed I'd be rid of my spinal disease! When I was rid of my allergies and asthma, bronchial and throat infections, I considered them miracles!

When my mind became to settle down a bit and I became a calmer, quieter person, I was very impressed with the benefits, I had not even expected. When I realized that the spinal disease was the last barrier holding me back due to all the limitations the condition imposed on me, I felt as though I was reborn as a new "Lisa Renee" without the old limitations I used to have!

I feel like I have a new lease on life! I can now deal with my issue of career/right livelihood. I feel as if the barriers to having a normal career have been lifted! These limitations, I realize have defined me for most of my life; the way I saw myself and the way that others saw and treated me have been colored by my limitations.

Now that they are gone, I will need help in creating a new individual that does not go back and create the old patterns, but moves past them into "who I am meant to be, and who I am by Divine Right".

I have to admit, I am thrilled and excited, yet at the same time feel a bit like a baby taking a first step. Who am I now that all these limitations are gone? None of the old excuses for not doing things under Dr's orders. are valid any more.

Yes, I still have to be careful, but I am no longer disabled, as I have been for most of my life. If this isn't miraculous, I do not know what is! I am so grateful, words cannot come anywhere near expressing how indebted I am! to my spiritual teachers along my path who have lead me to this point

Please help me to honor this series of miracles and come into my own in every aspect of my being, to play the role in this life I was meant to do.

Namaste,  
Renee

***Babaji Responds:***

*"For Renee*

*"Thank you for sharing. You are an inspiration, a Beacon of Light for others seeking a healing path."*

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From Renee (continued)

From Renee - Thank you Babaji!

Thank you Babaji,

I try always to do what feels right, this way I can not be outside of the place of love and compassion.

It is appropriate and extremely important to share our blessings. Sorrows come and go like emotions, but blessings are so beautiful, they erase all the sorrows in the same way that the sun rising takes away the darkness.

To be so blessed to be able to communicate with Babaji is the ultimate blessing. I will continue to live and to learn to be more and more in truth, simplicity and in love and share my blessings and helpful knowledge to others, I see it as part of my responsible divine purpose in life.

Namaste,  
OM Nama Shivaya (Renee)

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### Work

Greetings Babaji,

Welcome back! Could you please answer a question for me? If so, this is it: Will I find work in a fine dining establishment soon? I work in kitchens as an appetizer/pastry cook. If not, why? If not here, what state in America shall I go find this job I am seeking. I am not having good prospects in the Arizona environment. Some say it is time to leave here. I do have a spouse here however. Any advice would be greatly appreciated. Thank you so very much.

Windi

### ***Babaji Responds:***

*"To Windi*

*"You will find the work that you seek. But you must go to the location that you love. This is not for Babaji to decide but for your Heart to lead you to the right location."*

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### Your Reply

Greetings Babaji.

My spouse lived with you in Haidakan for a while, years ago. You named him Jora Sing, and gave him a bracelet. Your photos and then some have been part of our household for years. We also know Marge, and been to Malmo. My spouse highly respects, and believes in you, and follows you. He tells me to ask you for advice, so I did.

Your reply, I feel is an answer, a typical answer, that anyone on a web could say. Your reply is not helpful to me. Why cannot you be more specific with your help. I know, it is because I am not worthy enough, I am not a yogi, and I do not know you like my spouse. I do not study your teachings like my spouse. Now I must wonder if this web site is really you. Pardon me if I have my doubts, though after

your reply, I wonder even more. My spouse says, not to ever question you about why things are or is with you. It just is. I cannot help but ask or tell you what I feel. What is so wrong with that. No hard feelings if I offended you. Thank you, if it is you, for acknowledging my question.

Sincerely,  
Windi

**Babaji Responds:**

*"To Windi*

*"I am not here to convince you of anything. I want you to be an independent thinker, to be in touch with your Heart, to live in Truth, Simplicity, Love and Service. Do this and doors will be opened to you. Babaji is not a crystal ball. Those who rely on the crystal ball will eat glass, and live in despair. Those who rely on the Heart, the Higher Self, will not be disappointed."*

---

I just wanted to say

I just wanted to say a bit about the state of my life. The extreme confusion I am feeling right now about love and the direction I am heading in is a bit worrisome and kind of making me feel strange inside. I am lacking assurance in the words that have been spoken to me by one of the most important people in my life. I have such strong feelings and intuitions inside of me, but, they were wrong. I think. I just need something to be clear, but I don't know what.

Wow, just now, as I am writing I am feeling a moment of peace, but I do not know if it will be short lived. I am grateful for this opportunity to connect with the ideas I have, but are lost at this time.

MJ

**Babaji Responds:**

*"For MJ*

*"Be clear about this. In any time of need, chant the Mahamantra and invoke my name. Take as much as you need from me. I am always with you."*

---

From MJ Regarding The Response From Babaji

Wow, being clear will be hard. I don't think I can . . . maybe. This seems like a whole new loop now, but one that I knew was coming - almost for years.

Thank you. I know how I want to live, it will be a type of struggle to achieve that though.

I enjoy the serenity and this reality

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### Testimonials about Emails from Babaji

In this section, I am encouraging those of you who have received replies from Babaji by email to share what those messages have meant to you, how they translated in your everyday life.

THE RESULTS of what He said to you.

I think this will help others to understand the major points of the Teachings:

Definitions of Truth, Simplicity, Love and Service;  
Repeating the Mahamantra and calling out Babaji's Name;  
Follow your Heart: Do what you Love, Live where you Love, Pray where you Love;  
Emotions are just dancing chemicals. Learn to be the patient observer without judgment;  
Attach to the Real, not to the emotions and the spinning wheel of Maya;  
etc.

There are hundreds of you who have shared these things with me. Please share here too, if you will, for the benefit of all. It's easy to remain anonymous on this Forum, if you so choose.

Om Namaha Shivaya  
Love and Light,  
Marge

---

### Babaji's email Teachings to J

I had been living a studious priestly life as a renunciate, at Herakhan, in France and in Bhutan with the Tibetan master His Eminence Kalou Rinpoche, with Babaji as my first Master. I had relinquished all ties with the material world and was determined to live by trusting God, doing karma yoga, as a humble servant, a monk or a nun. When suddenly I was sent back to America and the material world. The following is from a book not yet completed, of Babaji's emails and their life transforming effects:

Once in Texas I was unsure of what to do or how to begin. I had asked Shri Muniraj by telephone if I should start an ashram here. "Yes, yes," he had said in such a positive way. But I had no land or money to begin with; was a renunciate, and did not want to sacrifice the spiritual for the material. What to do? Babaji in His Compassion began to instruct me by email:

*"Blessings:*

*"It is good to be self sufficient. Start small with a simple employment. This is a great country with wonderful opportunities. Do not despair. You have the intelligence and strength to be self sufficient.*

"Babaji"

"Blessings:

*"Our purpose is to serve. This is what humans do. Being paid for your service has nothing to do with materialism. Money is an exchange of energy. It enables you to serve and in turn provides the body with food, shelter and clothing.*

"Babaji"

"Blessings:

*"Here are your goals. Become self sufficient by working. Perform good works while you are working and when you are not working. Remove the obstacles in your past that prevent you living fully in the present.*

"Babaji"

When I understood that Baba wanted me to take a job and enter secular life, I wrote to Him:

Dearest Baba,

I do not want to become a slave to money and maya. I want to live a Holy life devoted to You and to praying for the liberation of all Sentient Beings.

I've tried and tried to manage the material world, but this has always ended in misery and despair."  
(paraphrased)

Babaji asked the following in my Heart:

"Will you not make this sacrifice?"

When Babaji asked this of me, my Heart melted. Who could refuse Him? Did He not make the greatest of sacrifices every moment?

If this is what You want, if it serves and pleases You, then of course I will make the sacrifice with all of my Heart, I answered.

At last I managed to secure a simple job working in a kitchen. This was overwhelming and exhausting at first. I rode a bicycle 8 miles to and from work everyday. This helped with left-right co-ordination. Gradually, as I ate more, and in doing constant physical exercise combined with rest periods, I began to become well and strong. I could sing aarati on the way to work and chant the Mahamantra



silently while washing the dishes. The love was growing between my employers and myself and within my own family. I began to understand.

In our own countries, interacting in ordinary society was Babaji's plan for His devotees. Each had a part in Baba's plan according to their particular gifts, talents and make up.

In my case, bringing the fruits of the subtle realms to play, was the true reason for all the meditative work. To hold pristine consciousness in everyday life so that others could reap the benefit of that without having to relinquish everything as I had done, was the service.

Finally I could write to Baba to tell Him I was taking care of my health, including much needed dental work, and had been working and serving as He desired.

He wrote:

*"Blessings:*

*"You are on the right path. I am pleased.*

*"Babaji"*

Thank you sincerely for this opportunity to share.

Bole Baba Ki - Jai! Om Namaha Shivaya

Love J

---

#### About you?

Hello J,

I have been thinking of joining the monastic order.

I would like to get your response regarding giving everything up, becoming a monk and so on. Would you please tell me a bit more.

If you need a private email, I will include it.

Thank you,  
Devotee8

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#### Answer from J to Devotee

Dear Devotee,

My Heart is in more peace now living an ordinary human life living Babaji's email teachings than it has ever been. When I close my eyes, the Absolute is still there - even in Texas! The mantra works in

all countries, in all Hearts and even in the flat lands. I'm almost finished with a book which explains my spiritual-human journey with Babaji. I'm one of those monks who went up into the mountains and came back laughing. All merits to Baba and His email teachings. As He told me "Do what is clearly in your Heart." When the book is ready, will make it available to all.

Good Luck!

J

Om Namaha Shivaya!

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Thank You J

Dear J,

Thank you for the info.

Babaji did not start emailing till last year as far as I know. Your transformations must then have started since the beginning of his emails.

I look forward to read more about it in your book, especially how someone can live an ordinary life while still a monk. This path I may take in the future.

Thank you for reply and I look forward to read your book. When do you anticipate it to be out?

Devotee.

-----

Re: Thank You J

J,

Regarding the book, what is the name of it and what is your name so that we can look for it?

-----

Hold on to God's Feet!

Dear Devotee,

I will share how I live as a monk in the everyday world. I do meditation in the morning before work and at night before sleep with light meditation at lunch, quietly in my car. I chant Mantra ceaselessly in all circumstances. I pray for the liberation of all Sentient Beings from their suffering in Samsara.

On days off I make simple puja for the sake of all Sentient Beings. When vibrations are heavy or in difficulty, I pray fervently and hold on to God's feet. Mother Amma says to do this. The Tibetans teach that in times of difficulty, do spiritual practice. Don't wait till the difficulty is over.

I study Babaji's Teaching. I practice what He is Teaching us. I live it. I try to observe and chant Mantra rather than judge. I am diligent and determined to endure, forgive, walk on the High Path and Serve. For this, all Merit to Babaji. His Love, His Grace, His Compassion and His Teaching have made it

possible. All Beings are suffering. It's up to us to be strong, to set the example; to hold the Light, the Love, Truth and Simplicity for the sake of others.

We are so Blessed to receive His very word direct. We can do this, we will manage it. I pray for you and your family and for Babaji, all Beacons and all Sentient Beings.

Your friend in Babaji,  
J  
Om Namaha Shivaya

---

#### Healing Path?

Dear Babaji,

Should I use "ayahuasca" to help others (and help myself)?

Maya Ram

#### ***Babaji Responds:***

*"For Maya Ram*

*"It is better to clear the mind than to cloud it."*

---

#### Babaji Love

Dearest Baba,

I don't really like asking questions except in my heart. I need to know on whether to send the cd's out to the one who said he could help, or should I hold off? They need your help desperately.

I continually send them my energy and what I can channel from you. I am always thinking of you and ways to help others.

Sitting in your Home.  
Love and Light, Om Namaha Shivaya.  
Your Monk, Mike

#### ***Babaji Responds:***

*"For Mike*

*"Chant the Mahamantra and invoke the name of Babaji. Your Heart will give you a clear direction."*

---

ALOHA!

Om Namaha Shivaya, Beloved Mahavatar Babaji

Thou alone art mother and father to me,  
Thou alone art kin and friend to me,  
Thou alone art knowledge and wealth to me,  
Thou art all to me, my Lord, oh Lord!

Shiva Babaji, I have found you after years of seeking.

You fill my heart with eternal Love, Joy Happiness, Constantly refilling my overflowing cup.

I truly seek the Path of Sanata Kumara with your grace and guidance.

To walk the Higher Path of Truth, Simplicity and Love with Service to mankind is my Spiritual Quest.

Thank you for your Kriya Kundalini Yoga. My first initiation is August 17, 18, 2001 - New Moon in Hawaii!

Om Lord Shiva, a response from you would be my Shambhavi Diksha.  
Lelani

***Babaji Responds:***

*"Re:ALOHA!*

*"I am always with you as you seek the High Path."*

---

Was That You?

Dearest Babaji,

A few years ago I met a man on a cruise that I thought was you. Was it my projection, or were you really there? The experience made me learn to seek you only from within my heart and not in the phenomenal world. Please could you finally put this question to rest in my heart?

Thank you for your love and kindness,

Deepest love & devotion,  
KD

***Babaji Responds:***

*"For KD*

*"Seek Babaji in your Heart."*

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#### Power of Rudraksha

Dear Babaji,

How are you? Hope you are fine.

i made my story simple, ok?

I have a relative who has been a very nice and care giving person suffering from serious cancer disease recently. The doctor estimated that he can possibly only live for another few weeks. All people are sad about this.

Since he has been very nice to me when i was a kid, I want to give him something back in return. I read from Srimad Devi Bhagavatam that if a person holds or wears a rudraksha seed before he dies, the rudraksha seeds have the power to destroy all his sins and bring him to heaven or even achieve Rudrahood. Is this real?

If it is true, can i do it? Because this is the only small thing i can do to him right now. So how many faces (mukhi) of rudraksha is better.

Thank you very much  
from John

#### ***Babaji Responds:***

*"For John*

*"Before I shed the last body, a Shri Yantra was placed on the chest. Ritual is good. Better though was the LOVE emanating from the Hearts of the devotees. Do ritual, but do not forget to send LOVE. LOVE will dissolve all sin, all transgression."*

---

#### Heart's Dream

Dear Baba,

Please can You help us to find a positive way to bring to fruition our Heart's dream. Have not yet established credit enough to buy this property, but am working earnestly for it. In the meantime, there is some urgency about making this happen quite soon. Should I seek out a Beacon to go in with me on the property, or continue methodical plodding?

Anything You have to say about this would be most welcome. You are the Lord of my Heart. Love to You, Om Namaha Shivaya, I bow to Your Wisdom.

***Babaji Responds:***

*"Re: Heart's Dream*

*"Your earnest work will establish the credit that you seek. Your focus in this matter should be on patience and independence."*

---

Heart Teachings

Dearest Babaji,

You seem to be giving us the most amazing teaching. I feel the opening and the fire in it. The teaching I am receiving from you most is what I call the Heart Teachings. It is as if our hearts if we listen, become not only the point of contact and real communication with you, but it also serves as the Seat of Wisdom. This is a profound teaching. It seems to remove the veils that cover our understanding and open us up to something far greater. Is this true? It seems that you are giving us what we "need" until we are truly ready for what you really came to give.

I am at your feet,  
KD

***Babaji Responds:***

*"For KD  
"Yes."*

---

Service?

Dear Babaji,

Is there any service to be done about the teachings of J. A. or are they just a delusion of the mind? I've been dealing with them a long time, but still don't know if they are a karma or a dharma for me.

Yours at service,  
nacho

***Babaji Responds:***

*"For nacho*

*"Learn from all Teachings, especially those that help you to live in Truth, Simplicity, Love, and Service."*

---

Thank You Mahaprabhuji!

Dearest,

I have sent you emails before. Some I received replies back other's in your own way. I thank you for showing Your presence in my own temple.

I have a question. Why when I began to become closer to you are others either afraid or jealous, so they attack my integrity?

I wish only to share your teachings. Your love for all.

Is there anyway to learn the Aarati better?

One last thing Baba, when you gave a spiritual name was this a name they had before?

I share my Love and Light,  
Om Namaha Shivaya  
Mike

***Babaji Responds:***

*"To Mike*

*"When a Beacon of Light such as yourself embarks on the High Path there will be fear based obstacles. Use the Teachings as the bridge to carry you over these and continue on your path. You will not be disappointed."*

-----

Mike,

I can't read your post and not respond. I am not Babaji, but I like to think my experience can be of some benefit to others like yourself!

I too am going through many challenges. I am trying to do some good work to help people make my building safe electrically to prevent a potential fire. I have no expectations, I am simply doing seva! Those who are most at risk are so fearful, that rather than help me help them, they work against me, say unkind things about me and question my integrity, thinking I cannot understand them as I am well off. Spiritually, yes I am very well off, but they see my strength and a financial wealth.

I have to just laugh with people thinking I am rich, I work temp, and just earn what is required to meet my expenses, sometimes it is very tight, but God always provides what I need!

All we can do is bless these people and try not to get feverish or let their fear or other negative emotions invade our own heart!

A wise teacher said, better not to hate anyone, your nervous system becomes theirs. I understand how this works. From our heart chakra we can send love or hate or fear or any other emotion. Energy goes out and replaces itself with like energy from the person we direct our energy to, consciously or not this happens. So we should send love and blessings to those who may seem to be a problem for us. It also occurred to me that if someone hates me, is jealous of me, that is good for them, they send my energy back to myself. My task is to remain centered in myself and not be swayed in any way by the emotions and behaviors of others. (Easier said than done, I know, but we must do this as people on the Higher Path)

Namaste, OM Nama Shivaya  
(Renee)  
Canada  
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Renee Continued - Correction

Mike,

I made a typo! "It also occurred to me that if someone hates me, is jealous of me, that is good for them, they send my energy back to myself. " I meant that by their action they send my energy to themselves unknowingly.

I meant that they take my energy into themselves, so even as they do send me negative energy, they are slowly becoming a bit like me, by osmosis!

Sorry for the typo and any confusion.

Renee  
-----

Re: Correction & All

Lisa,

Thank you so much. I am also in Canada! I know in my heart that as others come near they have to receive even a small bit of Baba. Following his teachings brings us all into the real. No More Maya!

He has continually provided for and Blessed me and all of us. We must always be that aware and alert Beacon that I know we are. I am of Service to all!

Love and Light  
Om Namaha Shivaya  
Mike



### Stupid Thoughts

Dear Babaji,

How do i get rid of stupid thoughts, always telling the opposite i want.

Like thinking bad things to happen to persons i like.

Thanks,  
Marc

### For Marc

As you learn to observe these thoughts unconditionally, without judgement, you will see them for what they are. Then they will dissolve as quickly as they arise. In the meantime, whenever these thoughts arise, chant the Mahamantra and invoke the name of Babaji.

What do you say to us?

---

Dear Babaji,

Om Namaha Shivaya

When we are ready to listen, what words do you say to us? Once we have settled out of our likes and dislikes, gone into unity beyond division, understand our 'place in the cosmos, ' see all as one' then what is it you want us to know?

What is most important to remember?

What have we brushed aside in our pursuits of empty desires and unfulfilled wishes?

Your unconditional love is soothing our souls. When will WE be capable of giving unconditional service with so much love? Where do we begin? Does it ever end?

Om Namaha Shivaya

Love and Pranams to Shri Shri Mahaprabhuji!  
Marge

### ***Babaji Responds:***

*"For M*

*"When you come to this place that you have described, beyond division, words no longer exist. The field of all that has been and all that will be is within your awareness of the eternal present."*

---

For B

Dear Babaji,

Is this the place (beyond division) that psychics BELIEVE they have reached? Or if they reached this stage, would they even want to BE a psychic? How do we know when someone is REALLY channeling YOU (or "hearing" You) rather than someone else, or adding their own personality to what they say that You have said? When we all get to the point where we can hear You in our hearts, all the time, is that when we live in more Unity?

There are people who really have a strong desire to help others and guide them along the way. Do we just have to listen with open mind, then check through it with our hearts and see how that feels?

It seems we need to do the inner work on our own, to purify and clean up the emotional garbage, to be the patient observer (suspending all judgment) rather than adding more emotion to situations, and your guidance and suggestions along the way are very helpful. We can't go wrong with the Mahamantra, the listening to our own hearts, or in calling out Your Name. These have served me well even in the most critical situations, especially since You have been sending the emails to remind me of the basic principles and how to make the application.

I thank You from the bottom of my heart for this Divine Grace bestowed upon Your devotees.

Love,  
Marge

---

Egoless Service

Babaji,

Though I feel you in my heart lately stronger than ever before, I still have the need to ask you this by e-mail, please forgive me for not trusting myself completely yet, though I do feel the day is coming ... soon.

Can you look into my heart and tell me about:

The "new" service that I am drawn to do for other sentient beings. Am I being motivated by my ego's lust for recognition or is my motive love?

You can be as harsh as you like I just want to learn from this and to be a better person.

Much love,  
Dinah

**Babaji Responds:**

*"For Dinah*

*"Both exist. But you are a Beacon of Light and your Heart will overcome your ego."*

-----

Re: Egoless Service - Continued

Babaji,

Thank you so much. I feel better to know this.

My deepest love,  
Dinah

---

The Mundane (from Renee)

Babaji,

It is becoming more and more clear to me that right livelihood in this world of Maya may be very difficult to achieve.

A wise spiritual teacher said last week when asked about career that goes against what he feels is right, that the responsibility of the care for family goes beyond the job. Look for something not in conflict, but you will find conflict there too! IE: If you are a specialist in pharmaceuticals, the competitive employer will likely show the same conflicts to us.

My feeling is that where there is conflict, we should simply bless the situation and the people involved. I was not previously capable of understanding that we are not responsible for the conflicts we did not create. I had believed that if we were in conflict we should leave the situation, that has created many problems for me in my career!

Although, I am far from full understanding on this topic, I am closer to a proper understanding of how the mundane job fits into our lives and the role it plays.

The perfect job, just like the perfect life without any conflicts, challenges and growth does not exist. Without challenges, how do we grow. I am closer to understanding what you meant about my career, when you said "The job you seek does not exist" the last time you communicated with Devotees.

I realize that my expectations for a paid job must be erased, and I must be open to the job that is mine by divine right to come to me in a perfect way in divine grace. I must also continue to do my seva, which may or may not have anything to do with my paid position. I was trying to put seva and

job together, and although seva should be in all we do, you just can't seek seva to be part of your job although the opportunities presented to you in community, and at work can become seva!

Now I simply seek the position that is mine by divine right, that meets with my living expenses, allows me to help others in my personal and professional life and allows for my career growth that exposes me to people who allow for or play a role in my continual expansion as a Spiritual Being.

Sometimes, it takes coming at us from a few angles to get the message through to our Higher Mind! Thank you for continually trying to get this message through my thick head in many different ways.

Namaste,

OM Nama Shivaya,

Renee

-----

Re: The Mundane (from J)

Dear Rene,

My friend and I, both called Beacons of Light by Babaji, work ordinary mundane jobs. Many customers come with painful ailments, golden opportunities to say healing mantras and prayers for their well being. When disputes arise, again golden opportunities to pray for Unity, for others to reach the High Path. When disputes or disagreements are leveled at us, again golden opportunities to apply Baba's teachings - to grow on the High Path. My friend calls us Babaji's Secret Agent Beacons of Light. Our job is to quietly hold the Mantra, the Light, the Truth, Simplicity, Love while living ordinary Human lives. This is the Service for now. To be in the present each moment and chant Mantra (dispite music and television) God/Babaji will do the rest. Hope this helps.

Love

J

-----

The Mundane (From Renee Responding to J)

Hello J,

Thank you for your message!

Babaji has also on several occasions called me a Beacon of Light, I feel very honored! It is confirmation that I must be doing something right! I am well aware however, that each day is an opportunity to learn and improve ourselves and to be more of service to others.

Reality is all of our positions are mundane, some however lend themselves to more opportunities to help others. All of life, especially the challenging times is an opportunity to really test our knowledge and faith!

The entire world is mundane, when you get down to it, our real task is to get beyond the mundane and into our higher selves, into samadhi as much as possible so that we can see our dharma, so that we can follow the teachings Babaji presents us with, so we can live a life of truth, simplicity and service on the higher path!

OM Nama Shivaya,  
Renee

-----  
Right Livelihood/The Mundane

Right livelihood is the paid work that is yours by divine right, that you are meant to do in this life. Many people find it easy to find this work, but many also find it difficult to find work period, much less what feels like right livelihood that does not conflict with our beliefs in how one should behave towards others for example.

OM Nama Shivaya  
Renee

---

Support Group

Dear Babaji,  
Om Namaha Shivaya

What do you suggest as the best way to create a support team for those who truly desire to live the teachings? What sort of network would be best to create?

What can you tell us about this?

Is it important to have a support team or can it be another distraction?

Thank you for your words on this subject.

Bhole Baba ki Jai!

Love,  
Marge

***Babaji Responds:***

*"Re: Support Group*

*"Babaji would prefer for you to share your thoughts on this because your good works and unconditional Service represent the highest of a Beacon of Light."*

-----

### Re: Support Group

Marge,

I have found you very supportive and dedicated to those trying to live the "Higher Path." I have enjoyed the way you have put me in touch with others who are trying to Live in Truth, Simplicity, and Love and have given me opportunities to be of service.

I think if anyone asks how to be supportive of this work there are answers.

Thanks Marge,  
Ted

---

### About Support Groups

Dear Babaji,

You are my biggest "support group." You make me think for myself and remain an independent thinker, even in the face of adversity. A word of encouragement here, a gentle reminder there, and pretty soon I feel like I am GETTING somewhere on my quest for living the teachings. Thanks so much for that!

In this group of people striving to live the TEACHINGS rather than focus on the Teacher, I think we are learning new skills that we can learn together. For this, a support group is very good. Our society does not encourage us to live on the Higher Path, or to focus on Truth, Simplicity, Love and Service. We are pioneers in New Territory. We can gain from the insight, inspiration and experiences of others who have the same goal.

One caution I have for any group is to be able to honor and encourage the independent thinking of ALL members, even if not in total agreement with the leader of the group or other members. To be independent thinkers, it means we follow our own Heart in all matters. Too many times, our society and our 'groups' reward those who all think the same and do the same, ostracizing or eliminating those who are different from the "status quo." As we each learn what it means to truly follow our hearts, we have no one to answer to but our hearts. To respect each other in the process is very important, even if it all takes odd twists and turns.

A support group is a wonderful thing, to learn how to live the teachings. The danger lies in saying or doing things to manipulate, control, or seek approval from other members of the group. TRUTH is of utmost importance, sharing from the Heart is essential, and encouraging each other to continue on in the REAL (rather than the ILLUSION) is vital to this path.

For those who would like to be a part of a support group of Living on the Higher Path by email, please write to me at margdevi@yahoo. com. If you'd like guidelines about how to start a support group in your area, where you meet once a week or once a month, there have been some

suggestions about this kind of meeting in former emails. I am happy to share these with you if you wish.

Ted, thanks for your words. It is true. There is always work for those who wish to be involved and helping in this work.

Om Namaha Shivaya

Love and Light,  
Marge

---

Walk-by Hugging (Re: About Support Groups)

Pontus sneaks silently into the "support group" cyberspace, walks up to Marge, and opens his arms for a cyber-hug, smiling happily.

Hi Marge, Namaste!

I'm so "up" with this Forum, I just had to hug someone!

Walks then around, checks out the charts which points out that a support-group is a very fine idea, gives his warm thoughts to these people and happenings.

Om Namaha Shivaya

-----

Dear Marge Ma,

I am thinking we can try and understand, and desire to live in a place of Unity beyond Division by being of service to one another. Some may not believe that Babaji is giving the teachings NOW.

Perhaps some believe the true teachings were given in Haidakhan, that these are some sort of channeled messages. But when will the time be to LIVE the teachings. Jesus came, gave teaching, Buddha came and gave teachings. I think we can really only know truth in our own heart, through living. Unity to me is the commitment to live the higher path not to compare how we do this. For some living the Higher Path is Ritual. It is there where they find the Love-Truth-Simplicity. For some it may be Mantra or Meditation. How to find our way to connect with and stay connected to the divine and still live in this world with the darkness that exists here. Support is to encourage this connection with the divine and listening to, and to try to understand each others expression of it. Again I have to say communicating with others trying to live the higher path, has been a joy. The type of communication that has not been based on what kind of STRUCTURE will we build next in Babaji's Name but how we are Simply Living this life we have been BLESSED with.

Brother Ted

-----

Re: Ted and Pontus

Pontus,

I thank you for your cyber hug. It also thrills my heart to see people sharing their thoughts and experiences of the Teachings. While I read these postings, my smile is so big it almost HURTS!!

Your service is greatly appreciated.

Ted,

GREAT POINT about discussions of the teachings rather than what building we have to raise money for in Babaji's Name, who will be in charge, how to keep the devotees in line when they use the facility, how to keep it simple . . . best way I have found to keep things simple is to NOT build them and to not look at growing LARGER as a good thing. Put to use all that is presently available. Keep it small as a GOAL.

Small is simplicity. Many small places are easily accessible to people instead of the expense of large, difficult-to-manage projects, where it all turns into a "power structure." How does one sustain something BIG? It just needs more and more money from more and more people, and then the focus is on money instead of the teachings. It took awhile for that one to sink in for me. I am still integrating more on this concept.

Last summer Babaji wrote to us: "The mantra of the Lower Self is: Bigger, Bigger, Better, Better, More, More, Quickly, Quickly." I return to that often.

I hope we can keep up our support group discussions of the teachings, understanding better and better what IS and IS NOT "living the teachings." This is very individualized, and we cannot judge where anyone else is at in this process, either, so we can only look at ourselves, striving to do our best.

Wishing all of you the courage and strength to:

- Live where you Love;
- Love what you Do;
- Pray where you Love;
- Think independently; listen to your Heart.

Om Namaha Shivaya

Marge

---

### The Divine Name

Dearest Beacons,

I just wanted to share an experience. It is true what Babaji says about the Name of God being like nectar. At one time in my life I was chanting the Hare Krishna mantra. Later, I just started to say



Krishna's name continuously. I have no time reference for the moment it happened but suddenly one day I was filled with incredible bliss and as I said the Name I suddenly tasted nectar. Every time I said Krishna ( and my teeth came together) I felt the nectar pouring into my bones with an indescribable sweetness. The bliss was unbelievable.

KD

---

Re: For Mike (Responding to Previous Post)

Dearest Baba,

My heart fills with your love and love for all. I am so much in the real when I am thinking of you and when I do japa. I could not conceive of the idea of the bliss. Your teachings are for all and is the only way. My heart feels for those who become misguided. In my heart my lord I keep hearing RAMSITA. This must be the name. Any way I can be of further service I am here. I have learned so much. The Trust was what I had to learn and follow the teachings. I am truly blessed to have had the chance to hear from you in this way. I know you always speak in my heart Lord. Pujari is truly a blessing.

Love and Light  
Om Namah Shivaya  
Mike