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*Om Namah Shivaya*

## The Babaji Forums - Part 1

### About The Beginning Of The Babaji Forum

On July 15, 2001, Babaji sent an email to Marge stating that there was a Forum where people could go to direct their questions to Babaji. He said His purpose was to find more Beacons of Light. This was originated by Babaji Himself, and it went on until August 4, 2001, when He stated there would be no more Forum. He said He had accomplished His purpose for now.

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Following is a welcome message from Babaji and the interactions between Babaji and those who wrote to Him during that time period:

*"Welcome Beacons of Light*

*"You may post your messages here understanding that Babaji may not respond to every posting. Sometimes a response is sent to the Heart or through a dream or an event. My message is Truth, Simplicity, Love and Service. I am only here to Serve and to share the Teachings. I am not here to convince anyone of anything in this form. I am no one. I am no thing."*

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Re: Welcome Beacons of Light

Dear Babaji,

Thank you for this opportunity for communication in this form. You are known by Your unconditional love and compassion. My deepest gratitude for all you have given and are giving. I strive to live the teachings of truth, simplicity, love, and service as the highest gift I can give to You in return for what You have given to me.

I am grateful that You have figured out how to lift the load from my shoulders and still serve Everyone so lovingly and selflessly. I am humbled by Your Grace and Your Blessings.

Om Namah Shivaya  
Bhole Baba ki Jai!  
In service to Shri Maha Prabhujī  
Love,  
Marge

---

For ~~~~~

Dear ~~~~~,

I have asked about You, Jesus, You, Jesus . . .

Am I correct that You have given me an answer, that You have given me information in the form of energy?

Is there anything You would like to tell me by email?

Thank You for listening again.

Your Daughter, Maya.

**Babaji Responds:**

*"To Maya*

*"Yes. You are a beacon of Light. I am always with you."*

---

Thank you

Dear Babaji

Thank you for this opportunity for everyone to approach you.

Tara Chandra

**Babaji Responds:**

*"To Tara and Family*

*"As always, at evening meditation."*

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For BABAJI

Dear BABAJI,

Am I correct that You said to me "speak about your Vision"?

Am I on the right way with my book? Do You have any suggestions for my book?

Thank You.

Your Daughter, Maya.

**Babaji Responds:**

*"To Maya*

*"You are correct. Writing your book will be difficult, but you have the capacity and tenacity to complete it."*

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### To my Beacons of Light

*"Change is the Law of the Universe. Many of you have been going through a difficult period as time and events move into a quickening. You must create a Bridge to these obstacles by living in Truth, Simplicity, Love and Service. Chant the Mahamantra. It is a most powerful force. Be a simple person. Simplify your life. Simplify your finances. Take care of your body. Eat simple foods and drink pure water. Be Alert. Be Aware. I am always with you."*

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### Message to Babaji

Namaste Babaji,

First, I wish to thank you for your loving kindness and for the teachings! Shastriji, told me you write book (not by my will - but Babaji's will). Seven years later - I'm attempting to do as such - but am faced with numerous obstacles. I humbly request your blessings and baraka at this time in my life. Through misconceptions that I held about the path, the teachings, and my own resistance - I had lost sight of what is most important thine "GRACE". I recognize that there is no way to "repay" the debt of "LOVE & GRACE" that is continually unconditionally bestowed to me as well as to humanity. I recognize after a great deal of resistance, heartbreak, and loss of almost everything that what is most important and keeps me as well as the rest of humanity functional is thine "GRACE". That this is the real miracle!

So humbly, I request the miracle of your "GRACE" to throw open the doors, heal what hasn't been healed in me, and place order in my life again. I realize that thine will gives each of US what we always and in all ways what we each need as well as desire. BARAKA - GRACE is realizing that living the teachings and allowing thine will to work in our life is our gift back to you. Am I at least a little on track here?

Om Namah Shivaya,  
Love  
PyariNicole81@

### **Babaji Responds:**

*"Re: Message to Babaji*

*"You understand well. I am always with you."*

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### To My Beacons of Light

*"I am here to share the Teachings. I am not a show, not an entertainment, not a crystal ball. I am no one. I am no thing. It is Truth, Simplicity, and Love which forms the foundation of the Teachings. It is Truth, Simplicity, and Love which created this vast multiverse and which powers the life force within. It is the bridge over your obstacles. It is your tool for destroying the Lower Self and connecting to the real you. It is the way to the High Path. Attach to the Teachings, not the Teacher. Many will look at the Teachings, few will live them. Many will adore the Teacher, few will admire the Teachings. What do I ask in return for sharing the Teachings. That you be of Service to all sentient beings. That you be a Beacon of Light for those moving through the darkness. That you do this unconditionally without regard to outcome. If you strive to live in Truth, Simplicity, and Love, if you are of*

*Service, you will not be disappointed. If you live in the lower world of ego, your desire for things, money, power, and recognition, will never be satisfied, and only despair will result."*

---

Re: Welcome Beacons of Light

My dearest Babaji:

I am so grateful for having you online again. I thought I lost you for a long time, if not forever. You are so dear to me.

I have kept the email you send me. Everything in the email came true and I did learn lots from it. It helped me through my darkest time.

I am meditating, but in Kumbha Mela, out of nowhere this past January, a young Baba came to me and told me some personal stuff, including that my body is lazy for meditation. But he also said some very personal stuff and instructions for the next two years.

I am trying to meditate but I find I have no discipline

Did I ever see you in Kumbha Mela? I passed the bridge in Sangam, and stayed there for a while.

I am very happy to have you back. Thank you again for being always with us.

Love you forever  
Zoya.

**Babaji Responds:**

*"For Zoya*

*"Yes, at the bridge. And the bridge to move you over the obstacles to meditation is the Mahamantra. Invoke my name and chant the Mahamantra. The power of the Mahamantra is high. You have the capacity for discipline. You are a Beacon of Light."*

---

To My Beacons Of Light

*"I am here to serve. Take as much as you need from me. Invoke my name in any time of need. Chant the Mahamantra. It will strengthen you. Attach to the real, that which was before you and that which shall be after you. The word is Eternal. Truth, Simplicity, Love and Service is the core of the Teachings. The High Path is the direction. I want you to become independent thinkers. I want you to serve as beacons of Light as the darkness quickens with great changes and despair overwhelming this world. I want you to attach to the Teachings, not the Teacher. I want you to focus on Truth. I want you to focus on Simplicity. I want you to focus on Love. I want you to focus on Service. I want you to address all problems, all obstacles in the context of Truth, Simplicity, and Love. I want you to be Alert. I want you to be Aware. Understand?"*

---

Re: Beacons of Light

Dearest Baba,

I have prayed to God to help us be the Beacons of Light You seek. Please Baba how can we help them out of the darkness? Please show us the way to manage it while keeping our own Beacons in good working order. Ours work well most of the time. Still, I hope You/God have a good supply of Light Bulbs, and that all electrical circuits are well wired and insulated. Please forgive me if this is goofy. I guess it's late, but sincere.

Love  
Your Jai Shri  
ONS!

**Babaji Responds:**

*"For Jai Shri*

*"You understand well. You have done well. Your growth and progression is exactly what I mean by Beacon of Light. Your compassion, your capacity to accept change, your capacity to change, is a model to which others can look to. You see! Just by being yourself, your Light plows a path through the Darkness, and becomes a Beacon."*

---

To My Beloved Appa

My beloved Appa

It is so nice that we could contact You in this way. I feel so thrilled & delighted.

Dear Appa i have started a new business since last November on energized water. So far it has not taken off ground. I am feeling a little depressed about it. Please help me Appa in this matter to do service this way by giving good water to people. Bless me Appa.

Another thing is i have not still settled down as a wife. There are still arguments between us but i want to change myself & be a good wife. Bless me & all other wives in this aspect.

Something desperately i want to do is to dance. Will i ever dance? please bless me for this.

My Divine Mother MaShiv Putri attained maha samadhi last month. I feel so lost & lonely without her.

My Pranams at Thy Feet  
Your's Daughter  
Kaushalya

**Babaji Responds:**

*"For Kaushalya*

*"With your business, do the best that you can. Be patient. Be tenacious. Be diligent. Your business is young and in matters of business one must give much time to nurture and build it up.*

*Your relationship with Husband is the most important thing in your life. Strive to reduce your differences by compromise. Understand? You are a good wife and you will have a long and wonderful marriage.*

*"If it is in your Heart to dance, dance you shall."*

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### **To My Beacons of Light**

*"I have been asked who is this Observer. The real you is the unconditional Observer, the one who was before the body and who shall be after the body. This is the Higher Self, the real, the eternal, that which resides in the ground of being. There is no need to search far and wide for this Observer. It is in your Heart. Chant the Mahamantra, then become silent. When the incessant chatter and noise in your brain ceases, and you are in the space between your thoughts, there you shall find the Observer. Listen carefully. All that you need to destroy your despair is there in the silent space between your thoughts."*

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### The Silent Observer

Dearest Baba,

Is it possible to explain to our level of understanding? - Is the Silent Observer exactly the same in each? Or does It have different color, hue or expression in each? Or are these expressions differentials according to the level, plane, dimension the Silent Observer manifests in.

In other words, is It something like a crystal which is the same material throughout, but reflects different colors according to how it is placed in the sun?

Another example: Would Virginia's Silent Observer be exactly the same as mine only reflecting like her according to how she is placed in the Light? Whereas reflecting like me according to how I'm placed in the Light? Reflecting like a tree, a flower, and so forth in the myriad of Creation? I think You Understand what I'm trying to grasp. Thank heavens. Have applied this precious meditation to a typical American maya. The Silent Observer seared away attachment and dancing chemicals simply by focusing on the Heart. We tracked the exact spot in the body this maya was giving discomfort to. The maya seems very far away and unreal now.

Thank You, will practice this.

Love  
Your Jai Shri  
ONS!

### **Babaji Responds:**

*"To Jai Shri*

*"Your understanding of the Silent Observer is quite remarkable. Include it in your book."*

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### Re: The Silent Observer

Dear Jai Shri

Thanks for sharing, this helps me to understand. I am thinking the "Silent Observer" is a state of meditation. I am wondering if this is the "no one" "no thing" place that Babaji is referring to.

I am praying to find this place more often.

Thanks again for your heart felt sharing.

T

I Bow to you Babaji!

---

### No Thought

Dear Brother Ted,

Will share with you if I may, by Babaji's Grace a state of meditation.

For me it took absolute soldier-like diligence and perseverance, but at last one does truly begin to arrive at the Absolute. I practiced with Kalou Rinpoche and the Tibetans and later very diligently at Herakhan for more than a year while doing karma yoga; especially the sweeping of the temple or 108 steps. I practiced no thought. I determinedly told my self "no thought - mantra!" whenever my mind would slip into thought, I would gather it's reigns tightly and insist - no thought - mantra! This space with no thought and only mantra going round and round was quite easy to manage in the midst of all the meditating lamas doing the same thing - talk about a support group! But on one's own, with tv's and so forth blasting away, one must be diligent indeed. Still it is manageable. Baba gave me the real key - to be really in the present. If we're working in everyday life or with the family - really be there. In quiet times when one can do spiritual practice be really there. Mother Amma said something to the effect that the mind wanders, and gives way to babbling - be present now. I pray for you and all Sentient Humans to reach the Blessed State of the Silent Observer. I hope this is helpful dear friend.

Dearest Babaji, You may correct or amend anything I have said here.

Your willing student and Servant,

Jai Shri

---

### Welcome Back

Hey Baba

Thank you for everything.

I'm really glad and relieved to see that You've once again have chosen to connect with us also on the physical side of this game.



Any info on how long You'll be around this time?

Perhaps a name for me wouldn't be all wrong? Please?

I have other things to write to you about, but this'll do for now. Just don't do the Houdini, please.

Thank you.

Pontus/Finland

PS. What about sending Reiki directly to you? Is it ok?

***Babaji Responds:***

"To Pontus

"This body is in acceptance of your compassionate healing energy. Thank you."

---

For BABAJI

Dear BABAJI,

I am confused about the Real. When I "hear" the thoughts of persons, am I then in the Real? Or not at all?  
Can/Will You say anything about this?

Thank You.

Your Daughter, Maya.

***Babaji Responds:***

"For Maya

"What you are hearing is coming from the brain. Only when you hear the voice from your Heart are you connected to the Real."

---

For BABAJI

Dear BABAJI,

Is the voice from the Heart always Truth, Simplicity, Love and Service?

Or does it depend on the subject or moment.

Is it possible that the voice from the Heart by somebody is negative? I mean not Love at all? Is a person like that, part of the Darkness? The Darkness You are speaking about?

Thank You for listening again.

Your Daughter, Maya.  
Nostradamus. . . ?

***Babaji Responds:***

*"For Maya*

*"The voice from the Heart is always Truth, Simplicity, Love, and Service.*

*"The voice of negativity is from the ego, from the chatter and noise in the brain.*

*"The Lower Self, the ego, is what moves through the Darkness, is what lives in despair, moving from one crisis to another, never being satisfied, never satiated."*

---

Did I?

I am new to you in this life. Did I know you in past one? I had a vision that makes me think so but in this life I have chosen a new primary teacher but I always welcome all teachers of light.

I feel from the little I have heard of in this life that the essence of my new teacher is aligned with yours.

In the end all is ONE in the light. I do not worship the teacher/messenger as much as the message. I keep hearing the same things by different sources. That is how I find my truth.

Was my vision correct. Have i known you?

Havensden i. e. Barefoot

***Babaji Responds:***

*"For Havensden ie Barefoot*

*"Yes. You understand well."*

---

For BABAJI

Dear BABAJI,

Sorry for asking again something.

"BABAJI gave Yogananda his message to go to the West and Teach Kriya Yoga, and at that time, He gave Yogananda the Kriya Yoga initiation."

Dear BABAJI, this touches me very much. I don't understand why? Why? What about me? What are You trying to say to me?

Thank You.  
Your Daughter, Maya.

***Babaji Responds:***

*"To Maya*

*"My message to you is live in Truth, Simplicity, and Love. Be of Service. Be a Beacon of Light for those moving through the Darkness."*

---

When will I join you?

Babaji,

Have you met Shams-e-Tabrizi?

Will I ever meet DS. B. ? How does DS feel about me? Is it lost forever?

When will I join you?

Devotee

***Babaji Responds:***

*"To devotee*

*"I meet all who invoke my name. I am always with you. Focus on the presence of Babaji in your Heart now, not in the past and not in the future. Now is the most important time to be in touch with your Heart. You cannot change the path of another. Only your own. "*

---

Monastic in SRF

Dear Babaji,

Thank you for being with me.

I have thought seriously to leave this life by joining the monastic order in SRF. I have seen Yogananda in astral body few times, and this world is no longer real to me.

I am putting my application this convocation in August.

Please give me suggestion regarding this life decision?

Would you please bless this decision? Would you guide me all the way?

Om Namah Shivaya

Devotee

**Babaji Responds:**

*"For Devotee*

*"If you are joining to run away from the past, you will be disappointed. If you are joining because this is the path that is in your Heart then you will not be disappointed."*

---

**To My Beacons of Light**

*"Be strong. Be independent thinkers. Life is difficult. It is easy to fall into the Maya of the Lower Self. It is easy to compare. To judge. To acquire. To war. To enslave. It is difficult to be the Silent Observer. To Observe unconditionally. Without comparison. Without judgement. Without the need to acquire, to war, to enslave. As difficult as it is, no matter the obstacles, attach to the Silent Observer, the unconditional Observer, that which observed Creation and that which will observe the end of Creation. Attach to the High. Leave the Low. Do this and you will put an end to disappointment, dissatisfaction, and despair."*

---

For BABAJI

Dear BABAJI,

Will You help me tomorrow evening with my healing meditation?

Do You have any suggestions about what to do with the people who want to "look" at me instead of going in the meditation?

Second, sorry for asking again Your help, will You help us with our new place? There are some obstructions about rebuilding our house at our new place and permissions from the authorities.

Do You have any suggestions or do You want to say something about this?

Thank You.

Love,

Your Daughter,

Maya

**Babaji Responds:**

*"For Maya*

*"Babaji will help."*

---

For BABAJI

Dear BABAJI,

Are You in Pain?

What do You need from me?

Love,  
Your Daughter, Maya.

***Babaji Responds:***

*"To Maya*

*"You are so perceptive. Even this body cannot hide from your perception. But all that Babaji needs from you is to be happy, living in Truth, Simplicity, Love and Service. If you are happy, I am happy. Use your gift of perception as a Beacon of Light for those moving through the Darkness."*

---

wishes . . .

Babaji,

Could you tell me whether it is definite that I am going to India when I hope this January? I have been through so much and the changes are so intense. I have made "leaps of faith." I want so much to go and see my Primary Teacher. I know ultimately I worship not his form but his Message but I wish to FEEL the Presence in such a manner I don't think I can until after I see him for the first time. I know you and he are connected(all is One in the light) so I figured you may be able to answer with your Knowledge. Almost All FEAR and Anxiety has left me regarding finding THE MEANS - either it will or won't happen and I accept the answer but it once I know definitely my joy shall be unbound-less!

So is it already a GIVEN in the spiritual plain that I'm going to India or does it all still depend on my future actions . . . or are my actions to be already KNOWN . . . only it my lower self and ego which does not know.

Please let me know . . . every fiber of my being longs to go to India in January for New Years. if it is not yet definite will you help me (or do you know if my Primary Teacher) will help me get the MEANS I need (whether emotional\spiritual, or financial)?

Havensden i. e Barefoot

***Babaji Responds:***

*"re: wishes . . .*

*"You are going to India but the time period is still in flux, dependent on future actions and events. Your Teacher will help you find the means during the right time period."*

---

Wishing Well

Dear Maya,

Thank you for caring about Baba in this way.

Sometimes on the Path when I would start to feel sorry for myself, I would think of Baba and all He must endure. It made my own burdens seem so small.

I pray for us and all Sentient Beings, to be happy, to be well so that Babaji will be also.

Love your sister in Light,  
Jai Shri  
ONS!

---

Welcome Baba

Dearest Babaji,

I want to thank you for giving us this opportunity to communicate with You and share the teachings through this forum; where we all can be one and join together in unity.

I love you Baba and I want to continue to serve You in love with all sentient beings.

In Truth, Simplicity, Love and Serving on the Higher Path

Love,  
Your devotee  
Carol

***Babaji Responds:***

*"To Carol*

*"I am always with you Beacon of Light."*

---

Bhole Baba Ki Jai!

Dear Baba,

Thanks for being in our hearts!

Grant your grace that we may be those beacons you would have us be.

May the Divine love through our hearts!

Bhole Baba Ki Jai!  
Om Namah Shivaya!  
Love,  
Virginia

PS: I feel you over my shoulder, thanks!

***Babaji Responds:***

*"Re: Bhole Baba ki jai!*

*"I am over your shoulder!"*

---

How to Share?

Dearest Babaji,

I was wondering, what You would have us say, or what You would say, to other devotees who are perhaps unaware of, or doubtful about Your email Teachings.

Your email teachings have clarified so much of what I did not understand from Your former Herakhan Teachings.

I think from Your former Teaching we all got the part about karma yoga and ritual, but missed out on the Love, Truth, Simplicity, Service and High Path part.

Your email Teaching literally saved my health, will to live and sanity, not to mention the health of my father, our family and other relationships and the health of so many others. I wish so much for everyone and all sentient beings to know Your Email Teaching.

Have nearly completed a book of the 30 or so emails You gave me and their positive effects on this small Human's life. Please , can You tell us how it is best to share this precious treasure You have so compassionately given. Thank You

Sincerely,  
Om Namah Shivaya always,  
Love Jai Shri

***Babaji Responds:***

*"Re: How to Share?*

*"The best way to share the Teachings is to Live them and be a Beacon of Light to those who are looking for a helping hand through the Darkness."*

---

Thank You!

Dearest Babaji,

Thank you for your continued love and support to all of us through this avenue. Your love lightens my heart each and every day. I feel as if every reply you give here is for me which reminds me we are ONE!

I seem to freeze when posting because of the feeling I get that what I say may not be as sincere as I feel it. May you know in your heart my love for you is overflowing, hopefully to all. How to put in words what my heart feels? THANK YOU!

Your daughter in TSL,  
Nena  
Om Namah Shivaya!

**Babaji Responds:**

*"Re: THANK YOU!"*

*"This is only one avenue. The best way to reach me is through your Heart. In any time of need you need only chant the Mahamantra and invoke my name. I am always with you. If you are happy, I am happy."*

---

Advice Please

Most Beloved One,

I told myself that I would not ask You for advice through this medium, but here I find myself doing so. If I were not at my wits end on this, I wouldn't. I've asked You in prayer and in meditation but have never been totally sure of Your response in my heart. Should I continue to be patient with J. or have I been patient long enough, maybe even much too long?

Please Babaji, help me with this struggle. As you know, the burden of confusion on this has had a tremendously negative effect on nearly every aspect of my life for many years. Only Your love has enabled me to maintain.

Your Devoted Servant,  
Steve G

**Babaji Responds:**

*"Re: Advice Please"*

*"Patience is a great virtue of one walking on the High Path. Patience involves love and sacrifice. Listen carefully to your Heart, unconditionally, without judgement. You have been patient for good reasons. The dancing chemicals in your brain will often bring up doubt. But it is your Heart you must follow. Do this and you will not be disappointed."*

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Re: How do I reach Haidakhan? ...

Go to Haldwani (by bus, taxi, or train)

Go to Kailash View Hotel, and they will arrange your passage to Haidakhan

OR

Go to Shri Muniraji's Office at Hind Traders, Patel Chowlk (all drivers and taxis know where this is), and they will arrange your passage to Haidakhan from there.

That is the easiest and simplest way to get to Haidakhan.

From Kailash View Hotel, they can also arrange a little trip to Kathgaria, one of Babaji's temples from the times of Mahendra Maharaj and the "old Haidakhan Babaji. " Just ask about it. There is a very special HUGE tree there and a small temple.

Blessings upon your journey. Please pray for all of us when you are in the Maha Shakti Dhuni that we may all live Babaji's Teachings and serve as beacons of light for humanity.

OM Namah Shivaya  
Marge

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#### Prayers Answered

Beloved Babaji, Maharaj,

A few months ago when Marge wrote to you about my situation, your reply indicated that I should be aware of an opportunity that would make it possible for things to change.

Since that time when there seemed no way out, I have called upon you, chanted the mantra many times daily, read the Sapt Sati and prayed for your grace and blessing. A week ago Thursday, out of the blue, the opportunity presented itself for me to once again work with my passion of matching families with older Russian orphans. I am overwhelmed with the grace of your blessing and with the response to the tv news piece and the newspaper article that came out last week. In the way that's been offered to me I will be a step away from the aspect of international adoption that caused me to stop my involvement for more than 4 years. It couldn't be more perfect.

I thank you from my deepest heart and will pray each day to know and do the Divine will in this work. There are 18 children coming to Phoenix in a couple of weeks and more than 150 families interested in the program, with more than enough willing to commit to these 5-12 year old orphans. It is truly the answer to my prayers.

Bhole Baba Ki Jai! Jai  
Maha Maya Ki Jai!  
Motu Maie

***Babaji Responds:***

*"To Motu*

*"It is your compassion for humanity and your devotion to Service that moves Babaji."*

---

Re: question

Thank you, Baba. it has been difficult to put aside the judgments of the past lately, especially my judgments of myself.

Om Namah Shivaya

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Questions

Babaji

How can I know what mantra is right for me? I know you teach the mahamantra, but during a meditation, I feel I was initiated into Om Mani Padme Hum.

I have tried to have faith in your teachings and do the mantra but I am constantly tugged every which way. I recently did a deep meditation and I was told that it is my "dharma" to be pulled every which way, and to have my "truth" taken away from me time and time again so that I can see a higher truth.

Any words or thoughts would be appreciated,

Be well,  
love,  
Seth

***Babaji Responds:***

*"To Seth*

*"Strive to live the Teachings, not merely have faith in them. If your heart tells you that a particular mantra is better then go with your Heart."*

Thank you (Seth Continued)

Babaji

Thank you. I need to be reminded of to attach not to the form, but the essence.

I am in an overall state of chaos - every day something different seems true to me. I would like you, or someone to point me towards what the truth is, but I guess all answers will be superficial that don't come from inside. it sounds like a cliché, but I suppose it is true.

I am sad but every time I try to follow someone else's word I find misery.

Be well,  
Seth

*"For Seth*

*"Listen carefully to your Heart. In silence. Without the chatter from your mind. Without judgement. Listen carefully and Truth will emerge."*

---

### My Mother

Hello Babaji

First I wanted to ask you, how my mother (Himani) is and second why this had to happen? Especially because she was such a hard, disciplined worker and such a true person.

Then I have another problem that is more actual:

I am in a period of time where I would like to go out and meet as many girls as possible. Now there is a girl that I like a lot and I think that she fell in love with me. I like to be together with her but I don't want to give up my freedom. The problem is not, that I can't do that but I don't want to hurt her. Even when I talk to her about it, she says that accepts it but I know that deep in her heart she is hurt. What is the best way to handle such a situation?

Regards and thanks Markus

### ***Babaji Responds:***

*"For Markus*

*"We are here to learn. That learning comes from the events that humans move through. Oftentimes these events are viewed negatively. But all events through space/time have purpose. It is best not to hurt another person. You may choose freedom but you will not have Love. You may choose Love but you will not have freedom. Choose what is in your Heart but be Truthful to your friend. Otherwise, you will be disappointed and despair will result."*

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Re: For Markus

Hello

Thanks a lot for Your answer. I think it is a very helpful way to see things.

I am still wondering how Himani is. It was a very painful good-bye with her. But I would like to know the truth what happened to her, if this in my right to know.

Regards Markus

---

The Samaj

Dear Babaji

Can you clarify what the position of the Samaj should be concerning "other" Babajis? (i. e. Babajis not living in Haidakhan or "approved" by Shri Muniraj.)

Victor (Samaj Member since 1989)

***Babaji Responds:***

*"For Victor*

*"I am not here to convince anyone of anything. I am only here to serve. I am only here to share the Teachings. I am only here to speak with the Beacons of Light, to discuss Truth, Simplicity, Love and Service. I am in a simple body. I do not direct the affairs of any ashram. I am no one. I am no thing. There are many Babajis', there are many stars, there are many dimensions, there are many Universes. But Truth, Simplicity, and Love are the Eternal One from which the many emanate. The Teacher, the body, may come and go, but the core of Truth, the core of Simplicity, and the core of Love are Eternal. They are before existence, they are after existence, they are the cause of existence, they are the cause of the ending of existence. If you are happy with your ashram I am happy. Support it, nurture it, give Service to it, help others through it, build others for easier access if that is within your Heart."*

---

Treading Water

Babaji hi,

Thank you for all of the information and guidance I have received from you in waves over the past year. I have few words to describe my appreciation.

But now, I feel like I am treading water.

I can't find something that draws me to do it as my work to pay the bills. I want to follow my heart as you told me and when I think I have found IT, I become fickle and IT changes into something else.

I feel that I don't hear you very well, lately. What am I doing wrong?

I am not complaining, just confused.  
Dinah

**Babaji Responds:**

"For Dinah

*"You must learn to glide across the water as the waterbug does rather than tread in it. For this you need patience. You need to have doors of opportunity opened to you. For this you need to be in a mindset of expectation and openness. I want you to be a magnet of opportunity. Whenever the dance of fickleness surfaces, invoke my name and chant the Mahamantra. Observe this fickleness unconditionally, without judgement. Do this and it shall dissipate as quickly as it formed."*

---

Re: For Dinah

Babaji,

Thank you for your reply. I think I understand now.

Can you tell me if the connection I am perceiving between the media, food and the diverting of our attention is correct or am I being overly paranoid?

Did I hear this from you?

I love you, Babaji.  
Dinah

**Babaji Responds:**

"To Dinah

*"You are very perceptive. A little paranoia is a healthy thing. It connects to my message of being Alert and Aware."*

---

I wanted to share, to testify, about the power of doing the Maha Mantra (Om Namah Shivaya).

Last night, my village was about to be hit by a tornado. According to its movement on the radar path, it was going to be here and do much destruction. I was reminded how a year ago Babaji saved me and this village from another even bigger tornado. So I put the instructions to work.

I called on Babaji and G-D to help us, to remove the tornado. Then I began to chant the mantra, and in my minds eye, I visualized this village being covered by a protective dome of light, feeling out as far as I could

manage. Then, still doing the mantra, I visualized the tornado lifting up off of the ground going back into the clouds and the energy of it dissipating, leaving only beneficial rain. While I was doing this, I was listening to the local radio talk about the reports, both from the weather service and eyewitnesses to the storm.

That tornado behaved very strangely according to the reports I heard on the radio. It basically stood still, never managing to move closer than 7 miles in towards the village for 90 minutes . . . It would bounce back and forth as if hitting some sort of "invisible force field". Then the reports came that the funnel had lifted up out of the ground, but the storm clouds remained standing over the same location as if trying to move towards the village. Eventually the report came that radar indicated that the severe storm had dissipated into a simple rainstorm.

BHOLE BABA KI JAI!!!!!!

I am sure that there were many others who were doing some sort of prayers, though of course I will never know for sure. But I feel certain that Babaji heard my call and sent the energy required to hold off that tornado until it could dissolve into something much more innocuous and beneficial!

Thanks for letting me share!

Much love and appreciation  
Jane

*"True love and simplicity*

*Babaji,"*

---

God

Dear Baba,

Is God a personal Being, whom you can relate, or is your higher Self?

Should I look for God in my heart?

***Babaji Responds:***

*"For Nacho*

*"Both. Your Heart is the best place to seek God."*

Re: God

Many thanks,

Love,  
Nacho

## Building Ashrams

In the "Babaji Speeches" book, I read that Babaji told people to build BIG ashrams. Please explain what is meant by that. How does anyone do this?

Of what value is a BIG ashram in the West?

Who should do this today?

Thank you.  
Dannielle

### ***Babaji Responds:***

*"Building Ashrams"*

*"'Big' was meant to be interpreted as 'many.' The Teachings focus on Simplicity. Big is complex. Big focuses on getting bigger. Big worries about upkeep. Big worries about contributions. Big leads to despair. Many small ashrams are in the context of the Teachings. Small is accessible. Small is affordable. Small is how this Universe started. Big is how it will end. Small is the Ego of a Beacon of Light walking the High Path. Big is the Ego of one never having enough money or power, riding the emotional roller coaster, only to lead to disappointment."*

---

## How to build a small ashram?

Babaji,

Please give more details of how to build a small ashram . . . what would be the basics and the expectations and the routine?

WHO should do this kind of work? WHERE should they do it? WHY should they do it? WHEN should they do it?

Thank you.  
Dannielle  
p. s. How to avoid that roller coaster?

### ***Babaji Responds:***

*"Re; how to build"*

*"Living in Truth, Simplicity, and Love is the means for avoiding that roller coaster."*

*"Visiting the cyber ashram and one or more of the ashrams is the means for receiving the instructions that you seek."*

*"Start small with your own personal mini ashram in your home. Start even smaller with an ashram in your Heart. For this you need only invoke my name and chant the Mahamantra."*

---

Stop the coaster, I want to get off!

Babaji,

How very right you are regarding the lower self and its desires leading to despair. Yet despite all that you have shown me, I still find the mahamantra being constantly replaced in my mind by habitual thoughts. I still watch my ego being attached to results. I still slip into (well okay, live in) the grand delusion that "I am" my result attached ego (maya). So, I want to use this opportunity to thank you for all the help you have given so far (the yoga, the teachings, the teachers, etc. ) while simultaneously indulging my ungrateful, greedy, despair-wrought ego in its request to once again cry out to you for more help. As I know you know, my personal emotional roller coaster has entered a section where the up-downs, up-downs are getting quicker and harder to take. I guess I'm just looking for assurance that it's alright to get sick and that my fellow passengers will be protected from my mess.

Jai Bhole Baba Ki Jai!!!

Dave

p. s. "it's been a while since we've been this close." Was that really you, or was that my ego?

---

Advice

Dear Baba,

Do you have any advice on my book?

What to do about my job?

What should I do about getting a computer, and what kind do you suggest?

Also, what Yuga are we in? Sri Yukteswar said we are in the Dwapara yuga.

Any other advice about specific things I can do now to be of service to humanity?

Om Namah Shivaya!

Jed

**Babaji Responds:**

*"To Jed*



*"Concentrate on the present, Place your Heart in the here and now. Do the best that you can at your work and continue to search for what you Love to do. You will not be disappointed if your work is your Love. Writing will sharpen your mind. Continue without regard of the outcome. IF you can make one sentient being breathe a little easier then you are of service."*

Re: To Jed (continues)

Dear Babaji,

Thank you very much for your reply. Your advice was and will be very helpful to me.

What about the Dwapara Yuga? In the Holy Science, the book that Sri Yukteswarji said you asked him to write, he calculated that the Kali Yuga ended a few hundred years ago and we are now in the Dwapara Yuga. He wrote, "by calculation it will appear that 1394 years have passed since the time when the Vernal Equinox began to recede from the first point of Aries. Deducting 1200 years (the length of the last Ascending Kali Yuga) from 1394 years, we get 194 to indicate the present year of the world's entrance into the Ascending Dwapara Yuga. "

Yet in Haidakhan, you often said we are presently in the Kali Yuga. Did you tell people this in Haidakhan to inspire them to work harder? I had a feeling in my Heart that this is what you told me this morning . . . that You used that Kali Yuga as metaphor for the darkness people must get out of Now, even though we are actually in the Dwapara Yuga (the next ascending age after the Kali Yuga).

Can you explain this?

Thanks, Baba.

Yours in Truth, Simplicity, Love and Service.

Jed

p. s. How am I doing as a Beacon of Light?

---

Blessing

Babaji hi,

I would like to please ask you for your blessing on my children and my husband.

I am trying however humbly to live the teachings as best I can and in this way show them some light for their own lives.

I feel you very strongly right now in my heart - like it will burst.

Love Dinah

---

What can I do?

Dear Babaji,

I have a problem: I have to meet a guy who has been my friend through mail for more than one month, he felt very lonely and he needed someone to tell him some sweet word so I begun writing him mails almost each day. Now I have to meet him because I will have a vacation in Finland, the place in which he lives, this evening he confessed me he is very ugly because he has some problem with his skin that cannot take sun and he has also a big scar on his face. I am really scared about what will my reaction be, I know that I am a superficial person sometimes, I don't want to harm him, it's the last thing I want to do now because I'm feeling something for this person in my heart I'm feeling him like he is a lonely child. Please, help me! I don't want to harm him only because I am attached to beauty!

Thanks!

**Babaji Responds:**

*"Re: What can I do*

*"You are a person of deep Compassion. Friendship between people can exist on many levels. Listen to your Heart for the level of friendship that you wish to pursue and then be Truthful with your friend. Do this and he will not be hurt and you will not be disappointed."*

---

How do you download info from God and connect with the Universe?

Dear Mahadeva Shiva:

What is the best way for me to download info from God?

What is the best way for me to connect with God and everything at once?

What are the other names for you, Michael, Vishnu, Brahma, Jesus, Mary in other Culture's Religions?

Lots of Extra, Extra Love and Devotion from your ever faithful monkey and cow Sandie Lee aka Nandi

**Babaji Responds:**

*"For Nandi*

*"The best way is to listen to your Heart, in silence, without the incessant chatter and noise from the brain. Everything already exists at once. It is the brain which divides space/time by its use of thought. The ending of thought will enable you to connect with all at once."*

---

## Service To God

Dear Mahadeva Babaji:

Thank-you for everything, all of your love, all of everything you are doing for our universe, all of your creative performances and perceptions and gifts.

Will you please tell me how I can best be of Service to you, God, and Humanity?

Lots of Endless Love and Devotion for you and many restorative healings and energy from my heart for you. I'd do anything for you.

Your Servant Sandie Lee aka 'Nandi'

### ***Babaji Responds:***

*"For Nandi*

*"The best way to be of Service is to be a Beacon of Light to all sentient beings moving through the darkness. The infinite paths available for you to do this Service resides within your Heart."*

---

## Insight requested

Sweet Beloved Babaji,

Thank you for making yourself available again in this way. I feel you with me all the time and I know that you are my Heart.

I am being challenged right now to go deeper into Truth, Simplicity, Love and Service. I am doing the work I really love. However conditioning from the past around being "in the world" has blocked my doing this fully. I am committed to letting go of this conditioning. I am financially on the edge, and very few people are coming to me at the moment.

I would so love to have some words from you of insight and guidance.

With so much Love and Gratitude,  
Margaret

### ***Babaji Responds:***

*"For M*

*"During a difficult financial period it is best to focus on Simplicity. Simplify your expenses as much as possible. Sacrifice as much as possible so that more money is coming in than going out. Chant the Mahamantra and invoke my name. Picture in your minds eye the people and resources opening the doors of help and opportunity*

*for you, then take action and walk on the path that leads to opportunity. Do this and you will not be disappointed.*

*"Focus on the present. Live fully in the present. This is the best way to destroy the conditioning of the past.*

*"I am always with you."*

---

Babaji

Dear Babaji,

Sometimes I wonder why I have this love for you. Did I was at your feet in a previous life? Sometimes I feel that you are the real me. Did you receive my love when I send you it?

***Babaji Responds:***

*"To the devotee*

*"Yes, I receive from you"*

---

Thank You!

Babaji -- How wonderful for you to create this medium for us to contact you! Just another of the many blessings you shine upon us!

I am currently overwhelmed with the blessings/guidance/knowledge you have been shining upon me. I feel like I'm standing under a waterfall and I'm being showered with blessings/guidance/knowledge from above. How can I keep up with all this information? How can I find enough time to learn everything you want to teach me? How can we ever repay what you have given? I know, by living/putting into practice the teachings.

"One who knows, but does not act, really does not know!"

Words cannot express how much I Thank You' for your teachings, guidance & love!

All my Love,  
Your humble Beacon of Love & Light,  
Mw

---

Babaji to Mike | Om Namah Shivaya

Om Namah Shivaya

Dearest Baba,

I thank you for all blessings. I love the service I do for you. I am thankful for helping me with the Murti's and Temple work. I was wondering my Love if you have a spiritual name for me?

Always in service to all sentient and non sentient beings.

Love and Light

Om Namah Shivaya

Mike

Babaji Responds:

*"For Mike*

*"You do good work. I am always with you Beacon of Light. Choose a spiritual name that is dear to your Heart and let me know of it."*

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